



ANSO

ASSOCIATION OF NAVAL SERVICES OFFICERS



WESTERN REGION SYMPOSIUM

2024

Pioneers of Change: Shaping the Future Together

DECEMBER
2-6

**MCAS Miramar
Officer's Club**

4472 Anderson Ave
San Diego, CA 92145

President's Welcome

“Pioneers of Change: Shaping the Future Together.”

Bienvenidos, Welcome to the Western Region Symposium 2024 proudly hosted by the Association of Naval Services Officers (ANSO). It is a privilege to have you join us for this transformative symposium, where leaders, professionals, and visionaries have come together to share knowledge, foster growth, and build lasting connections.

At this symposium, you can expect a dynamic and engaging program designed to enhance your leadership skills, broaden your professional network, and inspire your commitment to excellence in service. Our agenda includes:

- **Insightful Keynote Speakers:** Hear from esteemed leaders who will share their experiences, wisdom, and vision for the future.
- **Networking Opportunities:** Connect with fellow attendees, mentors, and leaders to build valuable relationships that will last well beyond this symposium.
- **Panel Discussions:** Engage in thought-provoking discussions on current challenges and opportunities within the Services and beyond.
- **Career and Personal Development Sessions:** Gain insights and strategies to advance your career, enhance your competitiveness, and achieve your professional and personal goals.

By the end of the symposium, you will leave with a renewed sense of purpose, equipped with new skills and knowledge, and a strengthened network of peers and mentors. We aim to empower you to affect your respective fields, service, and communities positively.

Together, we uphold our esteemed Naval legacy, standing ready to defend our nation against any threats to our way of life. With unwavering commitment, we shape the future together.

Thank you for your dedication, commitment, and sacrifices to our country, and the American People. We are honored to serve with you and look forward to an incredible symposium.

God bless you and our GREAT Nation.

SEMPER FIDELIS, SEMPER PARATUS, AND FULL SPEED AHEAD.

Sincerely,

Colonel José L. Montalván, USMC

ANSO President

“ADELANTE CON ANSO”

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ANSO is seeking to fill positions on its Board of Directors. This is a great way to volunteer and stay engaged in the Sea Service community. Visit, www.ansomil.org for BOD positions and email, ANSO.President@gmail.com to inquire and apply.

We look forward to hearing from you!



**With gratitude
to our sponsor**



and partners



**El Puente
Institute™**



Day One

2 DECEMBER 2024

ARRIVAL

Arrival

1700 - 1745 SEA CADETS MENTORING

Colonel José L. Montalván
MCAS Miramar Officers' Club Patio

1800 - 2030 PRESIDENT'S RECEPTION

MCAS Miramar Officers' Club

Day Two

3 DECEMBER 2024

0730 - 0745 SPIRITUAL PRACTICE: PRAYING WITH ART

0730 - 0800 REGISTRATION

0755 - 0800 ADMIN REMARKS

0800 - 0830 OPENING CEREMONY

Colors: Troy High School NJROTC

Invocation: Commander Diego Londoño, ANSO Chaplain

Remarks: Colonel José L. Montalván, ANSO President

Mr. Jon Aasted, City of San Diego Veteran Engagement Program Coordinator

0830 - 0845 3D MARINE AIRCRAFT WING

Major General James B. Wellons

0845 - 0900 AWARDS PRESENTATION

Major General James B. Wellons, Sgt Major James L. Horr

Colonel José L. Montalván, and Master Sergeant Carmen Christman

0915-0945 3D MAW SERGEANT MAJOR

Sergeant Major James L. Horr

1000 - 1115 SPEED MENTORING

1130 - 1300 LUNCH

**1300 - 1345 OUR STORIES MATTER:
TRANSFORMATIVE WRITTEN NARRATIVES PANEL**

Moderator: Colonel José L. Montalván

Panelists: Veronica Lawrence, Saul Gomez, and Ericka Kelly

**1400 - 1500 THE POWER OF MENTAL TOUGHNESS &
PERSEVERENCE PANEL**

Moderator: First Lieutenant Roxana Pozos

Panelists: Dr. Angel Colamussi, Commander Adeline Ong,
and Aviation Survival Technician First Class Joseph Glaser-Reich

1515 - 1615 ANSO 'PIONEERS OF CHANGE'

Colonel José L. Montalván

All events will be held at the Hercules Ballroom unless otherwise specified.

Pastries and drinks will be available from 0730 - 0900.

Day Three

4 DECEMBER 2024

0730 - 0745 SPIRITUAL PRACTICE: MINDFULNESS

0730 - 0800 REGISTRATION

0745 - 0800 ADMIN REMARKS

**0800 - 0845 BENEFITS AND CHALLENGES
OF COMMAND LEADERSHIP PANEL**

Moderator: Command Master Chief José Peña

Panelists: Colonel Aixa Dones, Command Master Chief Charlie Salls,
and Lieutenant Commander Danielle Broderick.

0900-0930 RESERVE VICE COMMANDER, U.S. 7TH FLEET

Rear Admiral Joaquin J. Martinez de Pinillos

0930 - 1000 3D MAW COMMAND MASTER CHIEF

Command Master Chief Peter Torres

1000 - 1015 AWARDS PRESENTATION

Rear Admiral Joaquin J. Martinez de Pinillos, Colonel José L. Montalván,
Command Master Chief Torres, and Command Master Chief José Peña

1030 - 1130 SENIOR ENLISTED LEADERSHIP PANEL

Moderator: Command Master Chief José Peña

Panelists: D-MCPOCG Jahmal Pereira, CSM Michael Moana,
1stSgt Harris, CMSgt Christian Johnson, and CMC Peter Torres

1130 - 1300 LUNCH

1300 - 1345 BE PROUD, SHARE YOUR STORY (PART 1)

Moderator: Colonel José L. Montalván

Panelist: Lieutenant Colonel Mariela Peña

**1400 - 1500 BUILDING COMPETENCE:
THE IMPORTANCE OF EDUCATION PANEL**

Moderator: Dilia Introini

Panelists: Lieutenant Junior Grade Jessica Guerra,
Sergeant Major David Farmer, and Chief Petty Officer Veronica Tiller

1515-1600 EMPOWERING CONNECTIONS

Dr. Patty Delgado, El Puente Institute

All events will be held at the Hercules Ballroom unless otherwise specified.

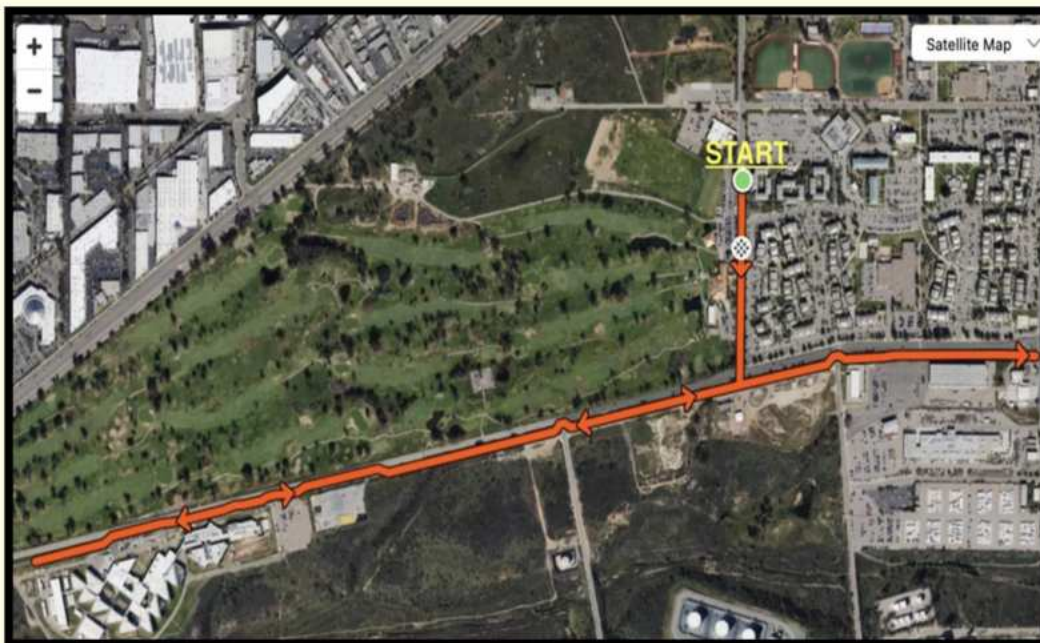
Pastries and drinks will be available from 0730 - 0900.

Day Four

5 DECEMBER 2024



Human Performance: Increasing Lethality 5K



Date: December 5th 2024



Route: See map for the 3.1 route



For more info, contact Phyllis Almaraz at 872-333-8460



Scan to view on Strava!



What to bring: Appropriate running attire, personal refreshments, & a great attitude!



Bonus: First 50 participants will receive T-shirts!



Location: 3750 Anderson Ave, San Diego, CA, 92145 (Parking in front of the gold course)



Time: 0515-0530 Meet & Warm up 0530 Race Start Cool-down TBD

Day Four

5 DECEMBER 2024

0730 - 0745 SPIRITUAL PRACTICE: VISUAL BOARDS

0730 - 0800 REGISTRATION

0755 - 0800 ADMIN REMARKS

0800 - 0845 SPEED MENTORING

Offered by Flag Officers, General Officers, and Senior Executive Service

0900 - 0930 USCG PERSONNEL SERVICE CENTER

Rear Admiral Zeita Merchant

**0930 - 1000 DEPUTY MASTER CHIEF PETTY OFFICER
OF THE UNITED STATES COAST GUARD**

D-MCPOCG Jahmal Pereira

1000 - 1015 USCG-ANSO MOU SIGNING CEREMONY

1015 - 1030 AWARDS PRESENTATION

Rear Admiral Zeita Merchant, Colonel José L. Montalván,
D-MCPOCG Jahmal Pereira, and Chief Petty Officer Cristina Berrios

1030 - 1145 LUNCH

**1200 - 1300 SECRETARY OF THE NAVY
HONORABLE CARLOS DEL TORO**

1300 - 1315 MARINE CORPS RECRUIT DEPOT/WRR

Brigadier General James A. Ryans II

1315 - 1400 STRATEGIC GOAL SETTING FOR SUCCESS

Dr. Leonel Peña, El Puente Institute

1315 - 1400 DEMYSTIFYING MILITARY SURVIVOR BENEFITS

Commander David Babcock, USN (Ret), Navy Mutual (Officer's Room)

1415 - 1515 ENLISTED TO OFFICER PANEL

Moderator: Dr. Marcela Garcia

Panelists: Lieutenant Junior Grade Nicole Maldonado, Lieutenant Junior Grade Joshua Riedel.

Lieutenant James Aranibar (R), and Captain Christian Santiago.

1415 - 1515 ALIGNING FINANCES WITH CULTURE

Dr. Leonel Peña, El Puente Institute (Officer's Room)

1530 - 1615 BE PROUD, SHARE YOUR STORY (PART II)

Moderator: Petty Officer First Class Phyllis Almaraz. Panelist: Yeoman Third Class Olga Quintero

1615 - 1630 ELECTION RESULTS & CLOSING REMARKS

Colonel José L. Montalván

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Pastries and drinks will be available from 0730 - 0900.



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